

CHEMICAL STUDY OF THE LEAVES OF *LAGERSTROEMIA SPECIOSA* IN VIETNAM

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Abstract

The main constituents of the EtOH extract of leaves of *Lagerstroemia speciosa* supplied by Traphaco company have been quantitatively determined by HPLC to be corosolic acid (2.242 %), asiatic acid (1.219 %) and β -sitosterol. Repeated column chromatography of the *n*-hexane, ethyl acetate and dichloromethane extract of these leaves led to the isolation of corosolic acid, asiatic acid, quercetin, β -sitosterol and β -sitosterol-3-O- β -D-glucopyranosyl glucoside. The structures of these compounds have been elucidated by the IR, MS and NMR spectral analysis.

Keywords. *Lagerstroemia speciosa*, leaves, quercetin, corosolic acid, asiatic acid.

1. INTRODUCTION

The species *Lagerstroemia speciosa* (L.) Pers. (Vietnamese name: Bằng lăng nước) belonging to the family Lythraceae is a big tree of 10-15 meters high. This plant is growing wildly in India, Thailand, Laos, Cambodia, Philippine, Vietnam and South China. In the folk medicine of many countries *Lagerstroemia speciosa* is used for treatment of type II diabetes and other diseases like diarrhea, heart, stomach [1]. Studies on the chemical constituents of these plants have shown the presence of tannins, flavonoids [2] fatty acids [3] and terpenoids [4]. In a cooperation with Traphaco Company to develop a functional food product from Vietnamese *L. speciosa* for supporting the treatment of type II diabetes we report here the isolation of the main constituents from the leaves of this plant: corosolic acid, asiatic acid, β -sitosterol, daucosterol and quercetin.

2. EXPERIMENTAL

Plant material: the leaves of *L. speciosa* have been supplied by Traphaco Company, a herbal exemplar. No.BL02 is deposited in the Research Department of this company.

Chemicals and methods: Silica gel (Merck) with different sizes from 0.040-0.063 mm, reverse phase RP18 and Sephadex LH20 were used for column chromatography. TLC used the precoated

aluminum sheets with silica gel 60 GF 254, 0.2 mm (Merck). IR: Nicolet Impact 410 (KBr), MS: HP 5989 B MS Engine Agilent, NMR: Bruker Avance 500 MHz. For quantitative determination of the main constituents the HPLC Alliance series was used.

Extraction: Dried leaves of *L. speciosa* (1600 g) were extracted with ethanol-water mixture 70:30 (v/v) at 60 °C three times. Evaporation of solvents under reduced pressure afforded 240 g extract. Quantitative HPLC analysis of this extract gave corosolic acid (2.242 %) and asiatic acid (1.219 %) as the main constituents.

200 g EtOH extract were dissolved in H₂O and extracted with *n*-hexane and ethyl acetate, successively to yield 12 g *n*-hexane and 25 g ethyl acetate extract. Chromatography of 12 g *n*-hexane extract on silica gel eluted by *n*-hexane/EtOAc mixture gradient from 5-20 % EtOAc gave 4 fractions (HE1-HE4). Fraction HE2 was rechromatographed on silica gel with the solvent mixture *n*-hexane/EtOAc 9:1 to furnish 700 mg β -sitosterol (**1**). 25 g EtOAc extract were fractionated on a silica gel column with *n*-hexane/EtOAc mixture gradient from 10-70 % EtOAc to give 5 fractions (EA1-EA5). Repeated chromatography of fraction EA2 on silica gel with a solvent mixture hexane/EtOAc 85:15 (v/v) afforded 250 mg β -sitosterol (**1**) and 30 mg quercetin (**3**). Fraction EA3 was rechromatographed on a RP 18 column with a mixture MeOH/H₂O 8:1 as eluent to give 650 mg

asiatic acid (**5**). Fraction EA4 was rechromatographed on silica gel ($\text{CH}_2\text{Cl}_2/\text{MeOH}$ 9:1) to furnish 2500 mg corosolic acid (**4**) and 25 mg β -sitosterol-3-O- β -D-glucopyranoside.

Compound **1** (β -sitosterol):

White crystals, mp 169-171 °C. $^1\text{H-NMR}$ (δ , CDCl_3): 1.02 (3H, s, H-18), 0.71 (3H, s, H-19), 0.86 (3H, d, $J = 7.0$ Hz, H-26), 0.85 (3H, d, $J = 7.0$ Hz, H-27), 0.93 (3H, d, $J = 5.5$ Hz, H-21), 0.85 (3H, t, $J = 7.0$ Hz, H-29), 5.38 (1H, dd, $J = 3.0, 2.5$ Hz, H-6), 3.53 (1H, m, H-3).

$^{13}\text{C-NMR}$ spectrum is in full agreement with that of β -sitosterol in [5, 6].

Compound **2** (β -sitosterol-3-O- β -D-glucopyranoside, Daucosterol), white powder, $^1\text{H-NMR}$ (DMSO-d_6) δ ppm: 0.65 (3H, s), 0.80 (3H, d, $J = 6.9$ Hz), 0.81 (3H, d, $J = 6.9$ Hz), 0.90 (3H, d, $J = 6.5$ Hz), 0.96 (3H, s), 1.00 (3H, d, $J = 6.7$ Hz), 1.23 (3H, s), 3.05-3.08 (1H, m), 3.10-3.14 (3H, m), 3.38-3.48 (2H, m), 3.64 (1H, dd, $J = 5.5, 10.1$ Hz), 4.22 (1H, d, $J = 7.8$ Hz), 4.39 (1H, t, $J = 5.7$ Hz), 4.83 (3H, m), 5.32 (1H, d, $J = 7.0$). $^{13}\text{C-NMR}$ spectrum is in full agreement with that for daucosterol in [7].

Compound **3** (quercetin): yellow needles. IR (KBr, cm^{-1}): 3450 (OH), 1662 (C=O), 1614 (C=C), $^1\text{H-NMR}$ (δ , CDCl_3): 6.20 (1H, d, $J = 1.9$ Hz, H-6), 6.40 (1H, d, $J = 1.9$ Hz, H-8), 6.90 (1H, d, $J = 8.5$ Hz, H-5'), 7.65 (1H, dd, $J = 2.0, 8.5$ Hz, H-6'), 7.75 (1H, $J = 2.0$ Hz, H-1'). $^{13}\text{C-NMR}$ spectrum is in full agreement with that for quercetin in [8].

Compound **4** (corosolic acid): white powder, positive ions ESI-MS: $m/z = 473$ $[\text{M}+\text{H}]^+$, ^1H and $^{13}\text{C-NMR}$ spectral data, see table 1.

Compound **5** (asiatic acid): white powder, IR

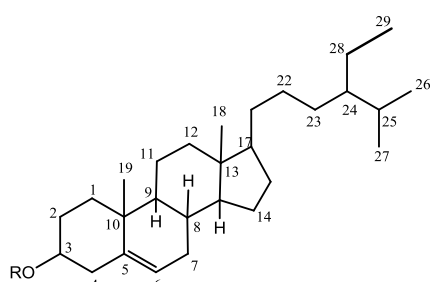
(KBr, cm^{-1}): 3144 (OH), 2930, 2866 (CH_2, CH_3), 1690 (COOH), 1459, 1053, 694. ESI-MS (negative ions): $m/z = 487$ $[\text{M}-\text{H}]^-$

^1H and $^{13}\text{C-NMR}$ spectral data, see table 1.

3. RESULTS AND DISCUSSION

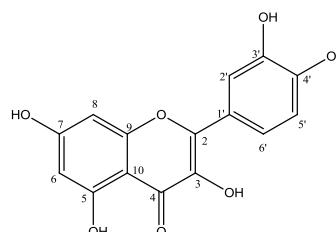
It is well known that the leaves extract of *Lagerstroemia speciosa* has a blood sugar content lowering effect and can be used for treatment of diabetes type II. The main active constituent in this extract has been evidenced as corosolic acid (**4**). Very important is to find out the *Lagerstroemia speciosa* or its varieties in Vietnam, which contain high enough amount of corosolic acid for developing a product used in diabetes type II treatment. In cooperation with Traphaco company we have had screenings of about 10 *Lagerstroemia* samples and found out that the sample BL02 was the best one. However, there were differences between the amount of corosolic acid and asiatic acid determined by quantitative HPLC (2.242 % and 1.219 % of dry extract, respectively) and the isolated amount by repeated column chromatography (1.25 % and 0.3259 %, respectively). That means the contents of corosolic acid and asiatic acid in dry leaves of sample BL02 are 0.35 % and 0.19 %, respectively. So that the sample BL02 can be used as starting material for preparation of a functional food product used in treatment of diabetes type II.

The structures of isolated corosolic acid and asiatic acid have been determined by comparison of ^1H - and $^{13}\text{C-NMR}$ spectral data with the published data (table 1).

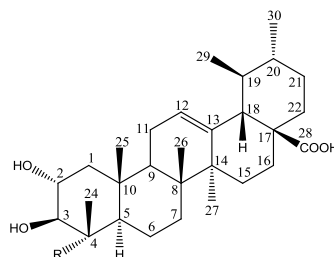


1: R=H β -sitosterol

2: R = β -D-glucopyranosyl



3: Quercetin



4: R = CH_3 (corosolic acid)

5: R = CH_2OH (asiatic acid)

Table 1: NMR spectral data of **4** and **5**

| Pos. | 4 (DMSO- <i>d</i> ₆) | | Corosolic acid (pyridine - <i>d</i> ₅) [9] | | 5 (CDCl ₃ + CD ₃ OD) | | Asiatic acid [10] | |
|------|---|--|---|--|---|---|---------------------|---|
| | δ_C | δ_H (<i>J</i> = Hz) | δ_C | δ_H (<i>J</i> = Hz) | δ_C | δ_H (<i>J</i> = Hz) | δ_C | δ_H (<i>J</i> = Hz) |
| 1 | 47.0 | | 48.1 | | 48.0 | | 48.0 | |
| 2 | 67.1 | 4.24 (dd) | 68.1 | 4.11 (1H, ddd, <i>J</i> = 4.0, 9.5, 11.0 Hz) | 69.3 | 3.7 (dt, 1H) | 69.7 | 3.71 (dt, 1H) |
| 3 | 82.2 | 3.38 (d, <i>J</i> = 9.5 Hz) | 84.3 | 3.43 (1H, d, <i>J</i> = 9.5 Hz) | 78.2 | 3.38 (d, <i>J</i> = 9.5 Hz, 1H) | 78.2 | 3.38 (d, <i>J</i> = 9.5 Hz, 1H) |
| 4 | 39.1 | | 40.3 | | 44.1 | | 44.1 | |
| 5 | 54.7 | | 56.1 | | 48.2 | | 48.2 | |
| 6 | 18.0 | | 19.3 | | 19.1 | | 19.1 | |
| 7 | 32.6 | | 34.0 | | 33.6 | | 33.6 | |
| 8 | 39.2 | | 40.5 | | 40.7 | | 40.7 | |
| 9 | 46.9 | | 48.5 | | 48.5 | | 48.5 | |
| 10 | 37.5 | | 38.9 | | 39.0 | | 38.9 | |
| 11 | 22.9 | | 24.2 | | 24.5 | | 24.5 | |
| 12 | 124.5 | 5.26 (1H, t, <i>J</i> = 3.3 Hz) | 126.0 | 5.48 (1H, br s) | 126.4 | 5.28 (br, 1H) | 126.6 | 5.26 (br, 1H) |
| 13 | 138.2 | | 139.8 | | 140.0 | | 139.8 | |
| 14 | 41.7 | | 43.0 | | 43.4 | | 43.4 | |
| 15 | 27.5 | | 29.1 | | 29.2 | | 29.1 | |
| 16 | 23.8 | | 25.4 | | 25.4 | | 25.3 | |
| 17 | 47.0 | | 48.6 | | 48.8 | | 48.7 | |
| 18 | 52.3 | | 54.0 | | 54.4 | | 54.3 | |
| 19 | 38.4 | 2.12 (1H, d, <i>J</i> = 11.5 Hz) | 39.9 | 2.65 (1H, d, <i>J</i> = 11.0 Hz) | 40.5 | | 40.4 | |
| 20 | 38.5 | 2.74 (1H, dd, <i>J</i> = 4 and 9.5 Hz) | 40.0 | | 40.6 | | 40.4 | |
| 21 | 30.1 | | 31.5 | | 31.7 | | 31.7 | |
| 22 | 36.3 | | 37.9 | | 38.2 | | 38.1 | |
| 23 | 28.8 | | 29.8 | | 66.5 | 3.29 (d, <i>J</i> = 11.0 Hz, 1H) 3.51(d, <i>J</i> = 11.0 Hz, 1H) | 66.3 | 3.29 (d, <i>J</i> = 11.0 Hz, 1H) 3.53(d, <i>J</i> = 11.0 Hz, 1H) |
| 24 | 17.1 | | 18.2 | | 13.9 | | 13.9 | |
| 25 | 16.4 | | 17.4 | | 17.5 | | 17.6 | |
| 26 | 16.9 | | 17.9 | | 17.5 | | 17.7 | |
| 27 | 23.2 | | 24.4 | | 24.1 | | 24.1 | |
| 28 | 178.2 | | 180.4 | | 181.6 | | 181.6 | |
| 29 | 17.0 | | 18.0 | | 18.0 | | 17.8 | |
| 30 | 21.0 | | 21.9 | | 21.6 | | 21.5 | |

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