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# HEPATOPROTECTIVE EFFECTS OF PHENOLIC GLYCOSIDES FROM THE METHANOL EXTRACT OF PHYSALIS ANGULATA

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#### ABSTRACT

By various chromatographic separations, four phenolic glycosides, methyl salicylate 2-*O*-triglycoside (1), icariside  $E_5$  (2), quercetin 3-*O*-rutinoside (3), and isorhamnetin 3-*O*-rutinoside (4) were isolated from the methanol extract of the whole plant of *Physalis angulata*. Their structures were determined by 1D-, 2D-NMR spectroscopic analyses and by comparison with reported data. Compounds 3 exhibited significant hepatoprotective activity with an EC<sub>50</sub> value of 17.08 µg/mL. This is the first report of 1-4 from *Physalis angulata*.

Keywords: Physalis angulata, phenolic glycoside, hepatoprotective effect.

### **1. INTRODUCTION**

*Physalis* is a genus of herbaceous plants in the Solanaceae family. The genus comprises approximately 120 species, mainly distributed worldwide in tropical and temperate regions. As reported by Vo Van Chi [1], in Vietnam the genus *Physalis* includes 4 species: *P. angulata, P. alkekengi, P. peruviana* and *P. minima*. Most species of the genus *Physalis* have been used for a long time in the ethnomedical folk traditions of Asian and American populations to treat different illnesses, such as malarial, asthma, hepatitis, dermatitis, liver disorders, and as an antimycobacterial, anticancer, antileukemic, antipyretic, and immune-modulatory agent [2].

In term of liver disorder, 20 methanol extracts of Thai Binh's medicinal plants (Annona glabra (leave and fruit), Annona squamosa, Michelia alba, Glinus oppositifolius, Hibiscus tiliaceus, Hibiscus rosa-sinensis, Euphorbia pulcherrima, Euphorbia hirta, Chenopodium ficifolium, Chenopodium ambrosioides, Suaeda maritima, Ricinus communis, Physalis angulata,

Cudrania tricuspidata, Solanum nigrum, Datura metel, Solanum procumbens, Heliotropium indicum, Lactuca indica) were screened on the protective effects against hydrogen peroxide induced Balb/c mice hepatocytes damage. The results indicated that the methanol extract of *P*. angulata exhibited great protective activity, with an EC<sub>50</sub> value of  $56.0 \pm 14.0 \mu g/mL$ . Thus, it was subjected to chemical study to clarify active constituents. Our results report four phenolic glycosides, methyl salicylate 2-*O*-triglycoside (1), icariside E<sub>5</sub> (2), quercetin 3-*O*-rutinoside (3) and isorhamnetin 3-*O*-rutinoside (4) from the water-soluble fraction of the methanol extract of *P*. angulata. This is the first report of 1, 2 and 4 from this genus [2].

## 2. MATERIALS AND METHODS

#### 2.1. Plant Material

Whole plant of *Physalis angulata* were collected at Thai Binh province, Vietnam, in August, 2015. Its scientific name was identified by Dr. Tran Thi Phuong Anh, Vietnam National Museum of Nature. A voucher specimen (TB14.2015) is deposited at the Herbarium of Institute of Marine Biochemistry, VAST.

#### 2.2. General experimental procedures

The <sup>1</sup>H-NMR (500 MHz) and <sup>13</sup>C-NMR (125 MHz) spectra were recorded on a Bruker AM500 FT-NMR spectrometer and TMS was used as an internal standard. Column chromatography was performed using a silica gel (Kieselgel 60, 70 - 230 mesh and 230 - 400 mesh, Merck, Whitehouse Station, NJ) or RP-18 resins (30 - 50  $\mu$ m, Fuji silysia Chemical Ltd.), and thin layer chromatography (TLC) was performed using pre-coated silica-gel 60 F254 (0.25 mm, Merck) and RP-18 F254S plates (0.25 mm, Merck).

#### 2.3. Extraction and isolation

The dried and powdered whole plants of *Physalis angulata* (3.0 kg) were sonically extracted with methanol at 50 °C for three times (4.0 L each). After removal of the solvent, the methanol extract (110 g) was suspended in distilled water (1.5 L) and successively partitioned with dichloromethane and ethyl acetate (three time, 1.5 L each) to give corresponding soluble extracts, dichloromethane (PAD, 34.5 g), ethyl acetate (PAE, 3.6 g), and water soluble layers (PAW, 71.9 g). The water layer was then passed through Diaion HP-20 column chromatography, washed with distilled water and desorbed with methanol/water (25 %, 50 %, 75 % and 100 % volume of methanol, each 1.0 L, stepwise) to give four fractions PAW1-PAW4. Fraction PAW2 was chromatographed on a silica gel column, eluting with dichloromethane/methanol/water (3/1/0.1, v/v/v) to give two sub-fractions PAW2A-PAW2B. Sub-fraction PAW2A was firstly chromatographed on a reverse phase C<sub>18</sub> column, eluting with methanol/water (2/1, v/v), and then further purified on a Sephadex LH-20 column, eluting with methanol/water (3/1, v/v) to obtain compound 2 (12.0 mg). Fractions PAW3A and PAW3B were obtained after CC of the sub-fraction PAW2A on a reverse phase  $C_{18}$  column, eluted with acetone/water (1/1, v/v). Fraction PAW3B was purified by a silica gel CC, eluting with ethyl acetate/methanol/water (15/1/0.05, v/v/v) to obtain compound 1 (9.0 mg). Fraction PAW4 (3.1 g) was separated by a silica gel CC, eluting with dichloromethane/ methanol/ water (2/1/0.1, v/v/v) to give two fractions PAW4A and PAW4B. Fraction PAW4A was chromatographed on a reverse phase  $C_{18}$ column, eluting with methanol/ water (1/2, v/v) and further purified by a silica gel CC, eluted with dichloromethane/ methanol/ water (2/1/0.05, v/v/v) to obtain compounds 3 (19.0 mg) and 4 (12.0 mg).



Figure 1. Chemical structures of compounds 1-4.

**Methyl salicylate 2-***O***-triglycoside (1):** White, amorphous powder; MF:  $C_{27}H_{28}N_2O_4$ , MW: 444, <sup>1</sup>H (CD<sub>3</sub>OD, 500 MHz)- and <sup>13</sup>C-NMR (CD<sub>3</sub>OD, 125 MHz), see Table 1.

**Icariside E<sub>5</sub> (2):** Amorphous powder; MF:  $C_{25}H_{26}N_2O_3$ , MW: 402, <sup>1</sup>H (CD<sub>3</sub>OD, 500 MHz)and <sup>13</sup>C-NMR (CD<sub>3</sub>OD, 125 MHz), see Table 1.

**Quercetin 3-***O***-rutinoside (3):** Pale yellow powder; MF:  $C_{27}H_{30}O_{16}$ , MW: 610. <sup>1</sup>H-NMR (CD<sub>3</sub>OD, 500 MHz)  $\delta_{\rm H}$  (ppm): 6.18 (1H, s, H-6), 6.37 (1H, s, H-8), 7.66 (1H, s, H-2'), 6.86 (1H, d, J = 8.0 Hz, H-5'), 7.61 (1H, d, J = 8.0 Hz, H-6'), 5.05 (1H, d, J = 7.6 Hz, H-1"), 3.46 (1H, overlapped, H-2"), 3.41 (1H, overlapped, H-3"), 3.28 (1H, overlapped, H-4"), 3.34 (2H, m, H-5", H<sub>b</sub> -6"), 3.78 (1H, d, J = 10.0 Hz, H<sub>a</sub> -6"), 4.49 (1H, s, H-1"), 3.27 (1H, overlapped, H-2"'), 3.53 (1H, overlapped, H-3"'), 3.62 (1H, overlapped, H-4"'), 3.43 (1H, overlapped, H-5"'), and 1.10 (3H, d, J = 6.0 Hz, H-6"'). <sup>13</sup>C-NMR (CD<sub>3</sub>OD, 125 MHz)  $\delta_{\rm C}$  (ppm): 159.4 (C-2), 135.6 (C-3), 179.3 (C-4), 162.8 (C-5), 100.0 (C-6), 166.0 (C-7), 94.9 (C-8), 158.4 (C-9), 105.5 (C-10), 123.0 (C-1'), 116.0 (C-2'), 145.8 (C-3'), 149.8 (C-4'), 117.7 (C-5'), 123.5 (C-6'), 104.7 (C-1"), 75.6 (C-2"), 78.1 (C-3"), 71.3 (C-4"), 77.1 (C-5"), 68.6 (C-6"), 102.4 (C-1"'), 72.0 (C-2"'), 72.1 (C-3"'), 73.9 (C-4"'), 69.7 (C-5"'), and 17.9 (C-6"').

**Isorhamnetin 3-O-rutinoside (4):** Pale yellow powder; MF:  $C_{28}H_{32}O_{16}$ , MW: 624. <sup>1</sup>H-NMR (CD<sub>3</sub>OD, 500 MHz) δ<sub>H</sub> (ppm): 6.16 (1H, s, H-6), 6.33 (1H, s, H-8), 7.96 (1H, s, H-2'), 6.91 (1H, d, J = 8.5 Hz, H-5'), 7.63 (1H, d, J = 8.5 Hz, H-6'), 3.96 (3H, s, OCH<sub>3</sub>), 5.17 (1H, d, J = 7.5 Hz, H-1"), 3.42 (1H, overlapped, H-2"), 3.38 (1H, overlapped, H-3"), 3.27 (1H, overlapped, H-4"), 3.48 (1H, m, H-5"), 3.40 (1H, d, J = 11.0 Hz, H<sub>a</sub> -6", 3.83 (1H, d, J = 11.0 Hz, H<sub>b</sub> -6"), 4.54 (1H, br s, H-1"''), 3.51 (1H dd, J = 3.5, 9.5 Hz, H-2"'), 3.64 (1H, overlapped, H-3"''), 3.29 (1H, overlapped, H-4"'), 3.46 (1H, m, H-5"'), and 1.13 (d, J = 6.5 Hz, H-6"'). <sup>13</sup>C-NMR (CD<sub>3</sub>OD, 500 MHz) δ<sub>C</sub> (ppm):158.4 (C-2), 135.3 (C-3), 178.8 (C-4), 162.7 (C-5), 101.2 (C-6), 169.9 (C-7), 95.8 (C-8), 158.8 (C-9), 104.6 (C-10), 122.9 (C-1'), 114.5 (C-2'), 148.4 (C-3'), 151.1 (C-4'), 116.2 (C-5'), 124.0 (C-6'), 56.7 (3'-OCH<sub>3</sub>), 104.8 (C-1"), 75.9 (C-2"), 77.3 (C-3"), 71.6 (C-4"), 78.2 (C-5"), 68.6 (C-6"), 102.5 (C-1"'), 72.3 (C-2"'), 72.1 (C-3"''), 73.9 (C-4"''), 69.8 (C-5"''), and 17.9 (C-6"'').

#### 2.4. Hepatocyte protection assay

The primary hepatocytes freshly isolated from BALB/c mice was seeded in to 96 well plate at the concentration of  $1 \times 10^4$  cells per well. After 24 hours of growing in the incubator (5 % CO<sub>2</sub>, 37 °C, 100 % humidity), cells were treated with different concentrations of testing compounds for following 2 hours. 100  $\mu$ M H<sub>2</sub>O<sub>2</sub> was then added per well and testing plate stayed for another 2 h. In order to determine the number of living hepatocytes after H<sub>2</sub>O<sub>2</sub> exposure as well as the tested samples' protective activities, 50  $\mu$ l of MTT (1mg/ml) was added into each well and incubated for 4 hours at the 37°C. The supernatant was discarded and then 100  $\mu$ l/well of DMSO 100% was added. The optical density (OD) values of formazan solution were determined by Microplate Reader at 492 nm. The survival percentage of hepatocytes was calculated as the following:

% survival =  $\frac{[OD(_{sample}) - OD(H_2O_2)] \times 100}{OD(_{cell}) - OD(H_2O_2)}$ 

#### 4. RESULTS AND DISCUSSION

Compound **1** was obtained as a white amorphous powder. The <sup>1</sup>H-NMR of **1** showed the presence of four protons of a 1,2-disubstituted benzene ring at  $\delta_{\rm H}$  7.79 (1H, d, J = 7.5 Hz), 7.46 (1H, t, J = 7.5 Hz), 7.33 (1H, d, J = 8.5 Hz), and 7.09 (1H, t, J = 7.5 Hz); and a methoxy signal at  $\delta_{\rm H}$  3.89 (3H, s). Besides, three anomeric protons were observed at  $\delta_{\rm H}$  5.34 (1H, d, J = 7.0 Hz), 4.86 (1H, overlapped), and 4.31 (1H, d, J = 7.0 Hz) suggesting the presence of a trisaccharide moiety. The <sup>13</sup>C-NMR and HSQC spectrum of **1** gave 25 carbon signals, including a carbonyl carbon at  $\delta_{\rm C}$  167.9, six aromatic carbons at  $\delta_{\rm C}$  at 157.6 (C), 135.2 (CH), 132.4 (CH), 122.6 (CH), 121.2 (C), and 116.5 (CH); a methoxy at  $\delta_{\rm C}$  52.6. The anomeric carbon signal at  $\delta_{\rm C}$  105.3 and oxymethylene carbon at  $\delta_{\rm C}$  66.8 suggested the presence of a xylopyranose. Besides, two anomeric carbon signals were observed at  $\delta_{\rm C}$  99.6 and 104.3 together with an oximethine carbon at  $\delta_{\rm C}$  82.9; and two oxymethylene carbons at  $\delta_{\rm C}$  69.6 and 61.4 were indicative for the presence of the 2-*O*- $\beta$ -D-glucopyranosyl-(1 $\rightarrow$ 2)-[*O*- $\beta$ -D-xylopyranosyl-(1 $\rightarrow$ 6)]-*O*- $\beta$ -D-glucopyranoside fragment. The NMR data of **1** were similar to methyl salicylate 2-*O*-triglycoside [3].

The structure of **1** was identified with the aid of HSQC and HMBC spectra (Fig. 2). HMBC correlations between anomeric protons H-1' ( $\delta_{\rm H}$  5.34, Glc1) and C-1 ( $\delta_{\rm C}$  157.5); H-1" ( $\delta_{\rm H}$  4.86, Glc2) and C-2' ( $\delta_{\rm C}$  82.9); H-1 $\Box$ " ( $\delta_{\rm H}$  4.31, Xyl) and C-6' ( $\delta_{\rm C}$  69.6) were indicative for the 2-*O*- $\beta$ -D-glucopyranosyl-(1 $\rightarrow$ 2)- [*O*- $\beta$ -D-xylopyranosyl-(1 $\rightarrow$ 6)]-*O*- $\beta$ -D-glucopyranoside structure; and the position of methoxy at C-7 was confirmed by HMBC correlation between methoxy proton ( $\delta_{\rm H}$  3.89) and C-7 ( $\delta_{\rm C}$  167.9). Based on above evidence, the structure of **1** was established as methyl salicylate 2-*O*-triglycoside [3].

Compound **2** was obtained as amorphous powder. The <sup>1</sup>H-NMR of **2** showed two protons of a double bond (*trans* configuration) at  $\delta_{\rm H}$  6.58 (1H, d, J = 16.0 Hz) and 6.33 (1H, dt, J = 5.5, 16.0 Hz); three protons of a 1,3,4-trisubstituted aromatic ring at  $\delta_{\rm H}$  6.60 (1H, d, J = 1.5 Hz), 6.57 (1H, br s), and 6.50 (1H, dd, J = 1.5, 8.0 Hz); two other singlet aromatic protons at  $\delta_{\rm H}$  6.95 (1H, br s), and 6.94 (1H, brs); two methoxy protons at  $\delta_{\rm H}$  3.85 (3H, s) and 3.71 (3H, s). The signal of an anomeric proton at  $\delta_{\rm H}$  4.70 (1H, d, J = 7.0 Hz) suggested the presence of one sugar moiety.

The <sup>13</sup>C-NMR and HSQC spectrum of **2** revealed 26 carbons, including two olefin carbons at  $\delta_C$  131.5 and 129.7; six carbons of a  $\beta$ -*D*-glucose moiety at  $\delta_C$  105.4, 76.0, 77.9, 71.3, 78.1, and 62.5; a methine carbon at  $\delta_C$  42.8; two oxymethylenes and a methylene at  $\delta_C$  66.8, 63.7 and 39.2; two methoxy carbons at  $\delta_C$  56.4 and 56.3; and 12 carbons of two aromatic rings including 7

quaternary carbons and 5 methine carbons. The NMR data of **2** were very similar to those of ircariside  $E_5$  [4]. The HMBC correlations (Fig. 2) from H-2 ( $\delta_H$  6.57) and H-5 ( $\delta_H$  6.60) to C-1 ( $\delta_C$  133.2), C-3 ( $\delta_C$  148.4), and C-4 ( $\delta_C$  145.4); from H-6 ( $\delta_H$  5.50) to C-4 ( $\delta_C$  145.4) and C-7 ( $\delta_C$  39.2); and from methoxy proton ( $\delta_H$  3.71) and C-3 ( $\delta_C$  148.4) confirmed the position of methoxy group at C-3. The HMBC correlations between H-9' ( $\delta_H$  4.25) and C-7' ( $\delta_C$  131.5)/ C-8' ( $\delta_C$  129.7); H-7' ( $\delta_H$  6.58) and C-2' ( $\delta_C$  109.1)/ C-6' ( $\delta_C$  119.2); H-2' ( $\delta_H$  6.95)/H-6' ( $\delta_H$  6.94)/H-1" ( $\delta_H$  4.70, Glc) and C-4' ( $\delta_C$  145.0); and between methoxy proton ( $\delta_H$  3.85) and C-3' ( $\delta_C$  153.5) confirmed the position of the double bond at C-7', glucose moiety at C-4', and methoxy group at C-3', respectively. Base on above evidence and comparison with the reported data, the chemical structure of **2** was identified as icariside  $E_5$  (Fig. 1).

Compounds 3 and 4 were identified as quercetin 3-O-rutinoside [5] and isorhamnetin 3-O-rutinoside [6], respectively, based on spectral evidences, which were in agreement with those of the reported data in literature.



Figure 2. Key HMBC correlations of 1 and 2.

		1				2	
No.	${}^{\#}\!\delta_{C}{}^{d}$	$\delta_C{}^{a,b}$	$\delta_{\rm H}^{\rm a,c}$ (mult., <i>J</i> in Hz)	No.	$\delta_{C}^{a}$	$\delta_{C}{}^{a,b}$	δ <sub>H</sub> <sup>a,c</sup> (mult., J in Hz)
1	121.0	121.2	-	1	133.2	133.2	-
2	157.4	157.5	-	2	116.0	115.7	6.57 (br s)
3	116.4	116.5	7.33 (d, 8.5)	3	148.3	148.4	-
4	134.1	135.2	7.46 (t, 7.5)	4	145.3	145.4	-
5	121.5	122.6	7.09 (t, 7.5)	5	114.1	113.8	6.60 (d, 1.5)
6	131.6	132.4	7.79 (d, 7.5)	6	122.8	122.6	6.50 (dd, 1.5, 8.0)
7	166.3	167.9	-	7	39.1	39.2	2.74 (dd, 9.5, 14.0) 2.99 (dd, 6.0, 14.0)
7- OMe	52.0	52.6	3.89 (s)	8	43.0	42.8	3.98 (m)
3-O-Glucosyl			9	66.5	66.8	3.70 (m) 3.80 (d, 11.0)	
1'	100.0	99.6	5.34 (d, 7.0)	1'	135.4	135.4	-
2'	82.7	82.9	3.85*	2'	108.7	109.1	6.95 (br s)
3'	77.8	77.4	3.72 (t, 8.5)	3'	153.4	153.5	-
4'	71.1	70.86	3.48*	4'	145.0	145.0	-
5'	77.5	77.6	3.99*	5'	139.0	139.0	-
6'	69.5	69.6	3.78 (dd, 1.5, 11.5) 4.11 (d, 11.5)	6'	118.7	119.2	6.94 (br s)

*Table 1.* <sup>1</sup>H- and <sup>13</sup>C-NMR data for **1-2** and reference compounds.

		2"-O-Gluc	cosyl	7'	131.5	131.5	6.58 (d, 16.0)
1"	105.7	104.3	4.86*	8'	129.6	129.7	6.33 (dt, 5.5, 16.0)
2"	76.8	76.0	3.23 (m)	9'	63.5	63.7	4.25 (dd, 1.0, 6.0)
3"	78.1	77.1	3.16*	3-OMe	56.0	56.3	3.71 (s)
4"	71.2	70.6	3.40*	3'-OMe	55.9	56.4	3.85 (s)
5"	78.3	77.3	3.14 (m)		4	'-O-Gluco	osyl
6"	62.3	61.4	3.17 (d, 11.5) 3.50*	1"	106.0	105.4	4.70 (d, 7.0)
6''-O-Xylosyl			2"	75.7	76.0	3.48 (dd, 7.0, 8.5)	
1'''	105.9	105.3	4.31 (d, 7.0)	3"	77.5	77.9	3.43 (t, 8.5)
2""	75.0	75.0	3.19 (d, 2.5)	4"	71.0	71.3	3.39 (t, 8.5)
3""	78.1	77.4	3.39*	5"	77.8	78.1	3.13 (m)
4'''	70.8	71.1	3.51*	6"	62.3	62.5	3.68* 3.79 (d, 12.0)
5'''	67.1	66.8	3.10 (t, 11.5) 3.83 (dd, 5.0, 11.5)				

*Measured in*<sup>*a*)</sup>*CD*<sub>3</sub>*OD*, <sup>*b*)</sup>*125 MHz*, <sup>*c*)</sup>*500 MHz*, <sup>*d*)</sup> *pyridine*. <sup>#</sup> $\delta_C$  of methyl salicylate 2-O-triglycosides [3], <sup>\$</sup> $\delta_C$  of icariside  $E_5$  [4], \*overlapped signal.

All compounds were evaluated for their protective effects on  $H_2O_2$  induced Balb/c mice hepatocytes injury. Briefly, hepatocytes were isolated from the livers of healthy Balb/c mice. The cells were cultured, treated with the compounds and  $H_2O_2$ . The damaged cells were measured via MTT assay and the protective effects of the samples were calculated by comparing cell viability with the vehicles (Table 2).

Concentration (µg/ml)	1	2	3	4	Curcumin
100	5.19	8.65	42.12	4.22	62.14
20	13.57	13.73	52.14	0.71	39.29
4	11.03	10.08	28.33	-	18.33
0.8	-	-	7.86	-	4.52
EC <sub>50</sub>	>100	>100	17.08	>100	4.56

Table 2. Hepatoprotecive effects of compounds 1-4.

(-) Hepatoprotective effects were not observed.

In comparison with positive control, curcumin (EC<sub>50</sub> 4.6  $\pm$  0.3 µg/mL), compound **3** exhibited significant protective activity (EC<sub>50</sub> 17.08 µg/mL), while others were inactive (EC<sub>50</sub> > 100 µg/mL). The results suggest that the free hydroxyl group in position C-3' of compound **3** may play an important role in its hepatoprotective activity.

### 4. CONCLUSIONS

By various chromatographic separations, four phenolic glycosides, methyl salicylate 2-O-triglycoside (1), icariside E<sub>5</sub> (2), quercetin 3-O-rutinoside (3), and isorhamnetin 3-O-rutinoside (4) were isolated from the methanol extract of the whole medicinal plant *Physalis angulata* collected in Thai Binh province, Vietnam. Their structures were determined by 1D-, 2D-NMR spectroscopic analyses and by comparison with reported data. Compounds 3 exhibited

significant hepatoprotective activity with an EC<sub>50</sub> value of 17.08  $\mu$ g/mL. This is the first report of **1-4** from *Physalis angulata*.

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