doi:10.15625/2525-2518/57/3/12721



FLAVONOIDS ISOLATED FROM THE FLOWERS OF CAMELLIA CHRYSANTHA

Nguyen Thi Hong Van^{1, 2, *}, Pham Cao Bach¹, Cam Thi Inh¹, Doan Lan Phuong¹, Le Tat Thanh¹, Tran Quoc Toan¹, Pham Quoc Long^{1, 2}

¹Institute of Natural Products Chemistry, Vietnam Academy of Science and Technology (VAST), 18 Hoang Quoc Viet street, Cau Giay, Ha Noi

²Graduate University of Sciences and Technology, 18 Hoang Quoc Viet, Cau Giay, Ha Noi

*Email: nguyenthihongvan.inpc.vast@gmail.com

Received: 21 September 2018; Accepted for publication: 2 March 2019

Abstract. Camellia chrysantha (Hu) Tuyama (the golden camellia, golden tea) is a species of evergreen shrub or small tree belonging to the family Theaceae. The flowers and the leaves of this plant are used as tea due to their health benefits. The aim of this study was to investigate the chemical constituents of the flowers of *Camellia chrysantha* (Hu) Tuyama. Five flavonoids were isolated from the flowers of *Camellia chrysantha* (Theaceae), including (+)-catechin (1), (-)-epicatechin (2), quercetin (3), quercetin-3-O-methyl ether (4) and kaempferol (5). Their chemical structures were elucidated by spectroscopic data analysis and by comparison with those reported in the literature. Among five compounds, compound 4 was isolated for the first time from this species.

Keywords: Camellia chrysantha (Hu) Tuyama, Theaceae, catechin, epicatechin, quercetin, quercetin-3-O-methyl ether, kaempferol.

Classification numbers: 1.1.3; 1.3.1.

1. INTRODUCTION

Camellia chrysantha (Hu) Tuyama (the golden camellia) is a species of evergreen shrub or small tree belonging to the family Theaceae and restricted to wet areas of forest below 500 m. It is found in China and Vietnam. In Vietnam, this species was found in Ba Che (Quang Ninh) [1]. It is noticed that *Camellia chrysantha* contains many trace elements such as germanium, selenium, manganese, molypdenum, vanadium, and zinc; the bioactive compounds found in this species have the ability to inhibit the growth of tumors up to 33.8 % and help reduce up to 35 % of cholesterol in the blood [2]. The plant is also able to relieve the symptoms of atherosclerosis caused by blood fats, control blood pressure and treat cardiovascular diseases and diabetes. *Camellia chrysantha* was included in The IUCN Red List of Threatened Species 1998: e.T32315A9695863 [3]. Although this is a precious medicinal plant and has many uses, the knowledge about its chemical constituents is still limited. There are some studies about this plant but almost all studies focused on its botanical characteristics and values for bonsai. Recently,

Luong Phu Hoang et al. have studied on preparation and characterization of chitosan/alginate film loading Golden Flower Tea (*Camellia chrysantha*) extract [4]. In the previous study [5], we have presented five flavonoid glycosides isolated from the flowers of *Camellia chrysantha* (Hu) Tuyama, collected at Ba Che (Quang Ninh province). In the current study, we continue to report the isolation and elucidation of chemical structures of five flavonoids from this plant.

2. MATERIALS AND METHODS

2.1. Materials

Camellia chrysantha (Hu) Tuyama was collected in December 2016 at Ba Che, Quang Ninh province. Plants were identified by Dr. Nguyen Quoc Binh of the Viet Nam National Museum of Nature, Vietnam Academy of Science and Technology (VAST). A voucher specimen (THV01/BC-QN) was deposited in the Institute of Natural Product Chemistry (INPC), VAST.

2.2. Chemicals and equipments

Chemicals: Thin layer chromatography (TLC) used a pre-coated silica-gel 60 F_{254} (0.25 mm, Merck) and RP-18 F_{254S} plates (0.25 mm, Merck). Column chromatography (CC) was performed using a silica gel 60 (70 - 230 mesh or 230 - 400 mesh, Merck, Germany) or YMC RP-18 resins (30 - 50 μ m, Fujisilisa Chemical Ltd., Japan).

Equipments: The nuclear magnetic resonance (NMR) spectra were recorded on a Bruker AM500 FT-NMR Spectrometer using tetramethylsilane as internal standard (ppm). The mass spectra (ESI-MS) were obtained from an AGILENT 1100 LC-MSD Trap spectrometer.

2.3. Extraction and isolation of compounds

The dried flowers of *Camellia chrysantha* (Hu) Tuyama (1.0 kg) were extracted with ethanol by the sonication three times at temperature 50°C to yield 200.0 g of a dark solid extract, which was then suspended in water and successively partitioned with hexane, chloroform and ethyl acetate (EtOAc) (each, 2.0 L) to obtain the hexane (THV/A), the chloroform (THV/B) and the EtOAc (THV/C) layers after removal solvent *in vacuo*. The aqueous phase was chromatographed on a Diaion HP-20P column (7×20 cm) eluting with water and then methanol; the mathanolic fraction was evaporated *in vacuo* to yield THV/D.

THV/C (35 g) was chromatographed on a silica gel column and eluated with gradient elution of dichloromethane:methanol (100 % CH_2Cl_2 , 9:1, 8:2, 7:3, 6:4, 5:5 and 100 % MeOH) to obtain seven sub-fractions, signed from THV/C-1 to THV/C-7. The fraction THV/C-2 (1.5 g) was chromatographed on a silica gel column eluting with hexane:ethyl acetate (4:1, v:v) to give five smaller fractions (signed from THV/C2/1 to THV/C2/5). The fraction THV/C2/3 was chromatographed on a silica gel column eluting with hexane:ethyl acetate (3:1, v:v) to yield **4**. The fraction THV/C2/5 was chromatographed on an YMC RP-18 column eluting with methanol:water (5:1, v:v) to yield **3** and **5**.

The fraction THV/C-5 (1.5 g) was chromatographed on a silica gel column eluting with dichloromethane:methanol (8:1, v:v) to give eight smaller fractions (signed from THV/C5/1 to THV/C5/8). The fraction THV/C5/3 was continuously chromatographed on a silica gel column eluting with hexane:acetone (2.5:1, v:v) to yield **1** and **2**.

Compound 1: (+)-catechin

Yellowish powder;

ESI-MS: *m/z* 289 [M-H]⁻, C₁₅H₁₄O₆

¹H-NMR (CD₃OD, 500 MHz) δ (ppm): 4.58 (1H, d, J = 7.0 Hz, H-2), 3.99 (1H, m, H-3), 2.52 (dd, J = 8.0 Hz, 16.25 Hz, H_a-4), 2.87 (dd, J = 5.5Hz, 16.5Hz, H_b-4), 5.95 (d, J = 2.0 Hz, H-6), 5.88 (d, J = 2.0 Hz, H-8), 6.86 (d, J = 2.0 Hz, H-2'), 6.78 (d, J = 8.0 Hz, H-5'), 6.74 (dd, J = 2.0 Hz, 8.0 Hz, H-6').

¹³C-NMR (CD₃OD, 100 MHz) δ (ppm): 82.87 (C-2), 68.82 (C-3), 28.52 (C-4), 157.58 (C-5), 96.32 (C-6), 157.85 (C-7), 95.53 (C-8), 156.93 (C-9), 100.84 (C-10), 132.25 (C-1'), 115.28 (C-2'), 146.24 (C-3'), 146.26 (C-4'), 116.10 (C-5'), 120.04 (C-6').

Compound 2: (-)-epicatechin

Yellow solid;

ESI-MS: *m*/*z* 289 [M-H]⁻, C₁₅H₁₄O₆

¹H-NMR (CD₃OD, 500 MHz) δ (ppm): 4.83 (1H, s, H-2), 4.20 (1H, m, H-3), 2.75 (dd, J = 3.0 Hz, 17.0 Hz, H_a-4), 2.88 (dd, J = 4.5Hz, 16.5Hz, H_b-4), 5.96 (d, J = 2.5 Hz, H-6), 5.94 (d, J = 2.0 Hz, H-8), 6.99 (d, J = 1.5 Hz, H-2'), 6.78 (d, J = 8.0 Hz, H-5'), 6.84 (dd, J = 2.0 Hz, 8.1 Hz, H-6').

¹³C-NMR (CD₃OD, 100 MHz) δ (ppm): 79.88 (C-2), 67.48 (C-3), 29.24 (C-4), 157.67 (C-5), 96.42 (C-6), 157.99 (C-7), 95.91 (C-8), 157.37 (C-9), 100.10 (C-10), 132.29 (C-1'), 115.33 (C-2'), 145.94 (C-3'), 145.78 (C-4'), 115.91 (C-5'), 119.41 (C-6').

Compound 3: quercetin

Yellow solid;

ESI-MS: *m*/*z* 303 [M +H]⁺, C₁₅H₁₀O₇.

¹H-NMR (500 MHz, CD₃OD) δ (ppm): 6.20 (1H, d, J = 2.0 Hz, H-6), 6.41 (1H, d, J = 2.0 Hz, H-8), 7.75 (1H, d, J = 2.0 Hz, H-2'), 6.90 (1H, d, J = 8.5 Hz, H-5'), 7.65 (1H, dd, J = 8.5 Hz, 2.0 Hz, H-6').

¹³C-NMR (125 MHz, CD₃OD) δ (ppm): 148.6 (C-2), 137.2 (C-3), 177.3 (C-4), 162.6 (C-5), 99.1 (C-6), 165.6 (C-7), 94.4 (C-8), 158.2 (C-9), 104.5 (C-10), 124.1 (C-1'), 116.0 (C-2'), 146.2 (C-3'), 148.0 (C-4'), 116.2 (C-5'), 121.7 (C-6').

Compound 4: quercetin-3-O-methyl ether

Yellow powder;

ESI-MS: *m*/*z* 315 [M-H]⁻, C₁₆H₁₂O₇.

¹H-NMR (500MHz, DMSO) δ (ppm): 3.77 (3H, s, -OCH₃), 6.18 (1H, d, J = 2.0 Hz, H-6), 6.39 (1H, d, J = 2.0 Hz, H-8), 6.90 (1H, d, J = 8.0 Hz, H-5'), 7.44 (1H, dd, J = 8.0, 2.0 Hz, H-6'), 7.61 (1H, d, J = 2.0 Hz, H-2').

¹³C-NMR (125 MHz, DMSO) δ (ppm): 59.6 (OCH₃), 93.5 (C-8), 98.5 (C-6), 104 (C-10), 115.4 (C-5'), 115.7 (C-2'), 120.5 (C-1'), 120.7 (C-6'), 137.6 (C-3), 145.2 (C-3'), 148.7 (C-4'), 155.5 (C-2), 156.3 (C-9), 161.2 (C-5), 164.2 (C-7), 177.9 (C-4).

Compound 5: kaempferol

Yellow solid;

ESI-MS: *m*/*z* 285 [M-H]⁻, C₁₅H₁₀O₆.

¹H-NMR (500 MHz, CD₃OD), δ (ppm): 8.08 (2H, dd, J = 2.0 Hz, 9.0 Hz, H-2', 6'), 6.90 (2H, dd, J = 2.0 Hz, 9.0 Hz, H-3', 5') 6.39 (1H, d, J = 2.0 Hz, H-8), 6.19 (1H, d, J = 2.0 Hz, H-6).

¹³C NMR (125 MHz, CD₃OD), δ (ppm) 177.32 (C-4), 165.53 (C-7), 160.51 (C-4'), 158.23 (C-5), 156.50 (C-9), 130.66 (C-2'), 130.66 (C-6'), 148.01 (C-2), 137.09 (C-3), 123.72 (C-1'), 116.29 (C-3'), 116.29 (C-5'), 104.5 (C-10), 99.26 (C-6), 94.47 (C-8).

3. RESULTS AND DISCUSSION

Compound 1 was isolated as yellowish powder. The 1D-NMR and 2D-NMR spectra of compound 1 suggested that this compound is a flavan-3-ol. The ¹H-NMR spectrum of 1 showed five aromatic proton signals, including two doublet signals with meta-coupling (J = 2.0 Hz) at δ_{H} 5.95 and 5.88 ppm characteristic for the presence of two protons at position 6 and 8 of A ring, three signals of an ABX type at δ_{H} 6.86 (1H, d, J = 2.0 Hz, H-2'), 6.78 (1H, d, J = 8.0 Hz, H-5') and 6.74 (1H, dd, J = 2.0 Hz and 8.0 Hz, H-6') characteristic for the presence of three protons of B ring substituted at three positions 1, 3 and 4. The basic structure of this compound was therefore deduced as 3,5,7,3',4'-pentahydroxyflavan of catechin. At the higher magnetic field, it also displayed two methylene proton signals at $\delta_{\text{H}} 2.52$ (dd, J = 8.0 Hz, 16.25 Hz, H_a-4) and 2.87 (dd, J = 5.5 Hz, 16.5 Hz, H_b-4) typical of position 4 of catechin; another signals at $\delta_{\text{H}} 4.58$ (1H, d, J = 7.0 Hz, H-2) of oximethin group and at $\delta_{\text{H}} 3.99$ (1H, m, H-3) of carbinol proton characteristic of a flavan nucleus. The coupling constant ($J_{2,3} = 7.0 \text{ Hz}$, H-2) supports *trans*-2,3 stereochemistry for the structure of **1**.

The ¹³C-NMR and DEPT spectra of **1** showed the presence of 15 carbon signals, including one methylene, seven methins and seven nonprotonated aromatic carbons. The HMBC spectrum of **1** showed the correlations between proton H-2 and carbons C-1', C-2', C-6' and C-9, between proton H-4 and C-2, C-3, C-5, C-9 and C-10, between proton H-8 and C-6 and C-10, and also between proton H-6 and C-8 and C-10.

Based on the above mentioned data, and based on the comparison with the data of literature [6], compound **1** was confirmed to be (+)-catechin. Catechin has been isolated from *Camellia sinensis* [7] and known to possess a variety of biological activities, such as anti-inflammatory [8], antimicrobial [9] and antioxidant [10].

Compound 2 was isolated as yellow solid. The 1D-NMR and 2D-NMR spectra of compound 2 are similar with those of compound 1, suggesting that this compound is also a flavan-3-ol. The ¹H-NMR spectrum of compound 2 showed a multiplet signal at $\delta_{\rm H}$ 4.20 ppm (1H, m, H-3) resulting from the splitting of H-3 by H-2 and H-4; two doublet doublet signals at $\delta_{\rm H}$ 2.75 (1H, dd, J = 3.0 Hz, 17 Hz) and 2.88 (1H, dd, J = 4.5 Hz, 16.5 Hz) typical of methylene protons at position 4 which were split by H-3; three aromatic proton signals characteristic for the presence of an ABX type of B-ring at $\delta_{\rm H}$ 6.99 (1H, d, J = 1.5 Hz), 6.78 (1H, d, J = 8.0 Hz) and 6.83 (1H, dd, J = 2.0 Hz and 8.5 Hz); two other aromatic proton signals characteristic for the presence of A-ring at $\delta_{\rm H}$ 5.96 (d, J = 2.5 Hz, H-6) and $\delta_{\rm H}$ 5.94 (d, J = 2.5 Hz, H-8). The difference between compound 2 and compound 1 is that: while the position of the proton H-2 chemical shift of compound 1 was observed as doublet signal at $\delta_{\rm H}$ 4.83, suggesting that the flavan structure of 2 possesses a *cis*-2,3 configuration and typically of epicatechin [11].

The ¹³C-NMR and DEPT spectra of **2** showed fifteen carbon signals, which consisted of one methylene at $\delta_{\rm C}$ 29.24 (C-4), seven methins at $\delta_{\rm C}$ 79.88 (C-2), 67.48 (C-3), 96.42 (C-6),

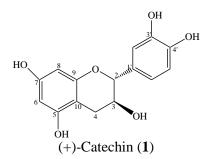
95.91 (C-8), 115.33 (C-2'), 115.91 (C-5'), 119.41 (C-6'), and seven quartenary carbons at $\delta_{\rm C}$ 157.67 (C-5), 157.99 (C-7), 157.37 (C-9), 100.10 (C-10), 132.29 (C-1'), 145.94 (C-3'), 145.78 (C-4'). The HMBC spectrum of **2** showed the correlations between proton H-2 and C-1', C-2', C-6', between proton H-4 and C-2, C-3, C-5, C-9, C-10, between proton H-8 and C-6, C-10, also between proton H-6 and C-8, C-10.

The above data of compound 2 was compared with those reported in the literature [12], so compound 2 was identified as (-)-epicatechin. Epicatechin has been isolated from the *Camellia sinensis* [13], and reported to have antimicrobial [13], anti-inflammatory [14], and antioxidant activities [15].

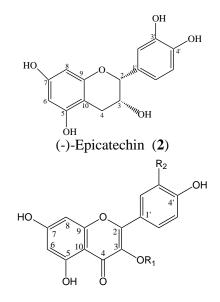
The compound **3** was isolated as yellow powder. The NMR spectra of compound **3** suggested that this compound is a flavonoid. The ¹H-NMR showed two doublet signals with meta-coupling (J = 2.0 Hz) at $\delta_{\rm H}$ 6.20 and 6.41 that were assigned to H-6 and H-8 in the A-ring, three distinctive signals of aromatic protons of an ABX type ring B found at $\delta_{\rm H}$ 7.75 (1H, d, J = 2.0 Hz, H-2'), 6.90 (1H, d, J = 8.5 Hz, H-5') and 7.65 (1H, dd, J = 8.5 Hz, 2.0 Hz, H-6'). The ¹³C-NMR and DEPT spectra of **3** showed fifteen carbon signals, which consisted of one carbonyl carbon ($\delta_{\rm C}$ 177.3), five methines ($\delta_{\rm C}$ 99.1, 94.4, 116.0, 116.2, 121.7), and nine other quartenary carbons ($\delta_{\rm C}$ 148.6, 137.2, 162.6, 165.6, 158.2, 104.5, 124.1, 146.2, 148.0). The obtained results for compound **3** were in agreement with the spectral data of quercetin previously reported in the literature [16]. Thus, compound **3** was identified as quercetin.

The compound **4** was isolated as yellow powder. The 1D-NMR and 2D-NMR spectra of compound **4** are similar with those of compound **3**, suggesting that it is also a flavonoid: the ¹H-NMR showed meta coupled signals at $\delta_{\rm H}$ 6.18 (1H, d, J = 2.0 Hz) and 6.39 (1H, d, J = 2.0 Hz) corresponding with two carbon signals at $\delta_{\rm C}$ 98.5 and 93.5 ppm in HSQC spectrum characteristic for the presence of two protons at position 6 and 8 of A ring; three characteristic aromatic proton signals for one B ring substituted at three positions 1, 3 and 4 at $\delta_{\rm H}$ 7.61 (1H, d, $J_{meta} = 2.0$ Hz, H-2'), 6.90 (1H, d, $J_{ortho} = 8.0$ Hz, H-5') and 7.44 (1H, dd, $J_{ortho and meta} = 8.0$ and 2.0 Hz, H-6') corresponding with three carbon signals at $\delta_{\rm C}$ 115.7, 115.4 and 120.7 ppm in HSQC spectrum. The presence of a methoxy group was indicated by the presence of a singlet signal at 3.77 (3H, s, -OCH₃) in the ¹H-NMR spectrum corresponding with a carbon signal at $\delta_{\rm C}$ 59.6 ppm in the ¹³C-NMR spectrum. The ¹³C-NMR spectrum shown also the presence of one carbonyl group at $\delta_{\rm C}$ 177.8 (C-4). The HMBC spectrum showed a clearly correlation between protons of methoxy group ($\delta_{\rm H}$ 3.77 ppm) and carbon C-3 ($\delta_{\rm C}$ 137.6 ppm). The molecular formula of **4** was established as C₁₆H₁₂O₇ based on spectral data obtained by ESI-MS (m/z 315 [M-H]⁺) together ¹H and ¹³C NMR analysis, including DEPT. The above data of **4** were consistent with the literature data of quercetin-3-*O*-methyl ether [17].

The compound **5** was isolated as yellow solid. The NMR spectra of compound **5** are similar with those of compound **3**, **4**, suggesting that this compound is a flavonoid with the 3,3',4',5,7pentahydroxy substitution pattern. The ¹H-NMR spectrum of **5** showed two doublet signals at $\delta_{\rm H}$ 6.19 (1H, d, J = 2.0 Hz) and 6.39 (1H, d, J = 2.0 Hz), corresponding with two carbon signals at $\delta_{\rm C}$ 99.26 and 94,47 ppm in HSQC spectrum, were attributed to aromatic protons H-6 and H-8 of the ring A; two doublet doublet signals at 8.08 (J = 2.0 Hz, 9.0 Hz) and 6.90 (J = 2.0 Hz, 9.0 Hz), with integration of 2 protons each, which confirm the presence of a A₂B₂ system in the ring B. The ¹³C-NMR spectrum of **5** indicates the presence of fifteen carbon signals at $\delta_{\rm C}$ 177.32 (C-4), 165.53 (C-7), 160,51 (C-4'), 158.23 (C-5), 156.50 (C-9), 130.66 (C-2'), 130.66 (C-6'), 148.01 (C-2), 137.09 (C-3), 123.72 (C-1'), 116.29 (C-3'), 116.29 (C-5'), 104.5 (C-10), 99.26 (C-6) and 94.47 (C-8). The ¹H-NMR and ¹³C-NMR spectral data confirm that compound **5** is kaempferol. The results are identical to those obtained by the literature [16].



3 Quercetin: $R_1=H$, $R_2=OH$ **4** Quercetin-3-*O*-methyl ether: $R_1=CH_3$, $R_2=OH$ **5** Kaempferol: $R_1=R_2=H$



4. CONCLUSIONS

Five flavonoids were isolated from the flowers of *Camellia chrysantha* (Hu) Tuyama, including catechin, epicatechin, quercetin, quercetin-3-O-methyl ether and kaempferol. Their chemical structures were elucidated by spectroscopic data analysis and by comparison with those reported in the literatures. Among five compounds, quercetin-3-O-methyl ether **4** was isolated for the first time from this species.

Acknowledgments. This research was supported by The Program for the Pharmaceutical Chemistry (Ministry of Industry and Trade of the Socialist Republic of Vietnam), code: CNHD. DT. 072/16-18.

REFERENCES

- 1. Camellia chrysantha. Available online: <u>https://en.wikipedia.org/wiki/Camellia chrysantha</u> (accessed on 1 March 2019).
- 2. Trà_hoa_vàng. Available online: <u>https://vi.wikipedia.org/wiki/Trà_hoa_vàng</u> (accessed on 1 March 2019).
- The IUCN Red List of Threatened Species 1998: e.T32315A9695863 Camellia chrysantha. Available online: https://www.iucnredlist.org/species/32315/9695863 (accessed on 1 March 2019).
- 4. Luong Phu Hoang, Nguyen Thuy Chinh, Vu Quoc Trung, Thai Hoang Alginate/chitosan film loading golden flower tea (*Camellia chrysantha*) extract: preparation and characterization, Vietnam Journal of Science and Technology **56** (3B) (2018) 209-218.
- 5. Nguyen Thi Hong Van, Cam Thi Inh, Pham Cao Bach, Tran Thi Tuyen, Nguyen Thi Thanh, Nguyen Huong Quynh, Pham Quoc Long Flavonoid glycosides isolated from the flowers of *Camellia chrysantha*, Journal of Chemistry **56** (3) (2018) 335-340.
- Hye M.A., Taher M.A., Ali M.Y., Ali M.U., Shahed Zaman Isolation of (+)-catechin from *Acacia catechu* (Cutch tree) by a convenient method, Journal of Scientific Research 1 (2) (2009) 300-305.

- 7. Huang Q., Wu L. J., Tashiro S., Gao H. Y., Onodera S. Ikejima T. (+)-Catechin, an ingredient of green tea, protects murine microglia from oxidative stress-induced DNA damage and cell cycle arrest, J. Pharmacol. Sci. **98** (1) (2005) 16-24.
- 8. Syed Hussein S. S., Kamarudin M. N., Kadir H. A. (+)-Catechin attenuates NF-kB activation through regulation of Akt, MAPK, and AMPK signaling pathways in LPS-induced BV-2 mcroglial cells, Am. J. Chin. Med. **43** (5) (2015) 927-952.
- 9. Gomes F. M. S., da Cunha Xavier J., Dos Santis J. F., de Matos Y. M. L.S., Tintino S. R., de Freitas T. S., Coutinho H. D. M. Evaluation of antibacterial and modifying action of catechin antibiotics in resistant strains, Microb. Pathog. **115** (2018) 175-178.
- 10. Xie H., Li X., Ren Z., Qiu W., Chen J., Jiang Q., Chen B., Chen D. Antioxidant and cytoprotective effects of tibetan tea and its phenolic components, Molecules 23 (2) (2018) doi: 10.3390/molecules23020179.
- 11. Chen-Chang Shen, Yuan-Shiun Chang, Likang Hots Nuclear magnetic resonance studies of 5,7-dihydroxyflavonoids, Phytochemistry **34** (3) (1993) 843-845.
- 12. Adrienne L. Davis, Ya Cai, Alan P. Davies, Lewis J. R. ¹H and ¹³C-NMR assignments of some green tea polyphenols, Megnetic resonance in chemistry **34** (1996) 887-890.
- 13. Reygaert W. C. The antimicrobial possibilities of green tea, Front. Microbiol. **5** (2014) 434-438.
- Bettaieb A., Cremonini E., Kang H., Kang J., Haj F. G., Oteiza P. I. Anti-inflammatory actions of (-)-epicatechin in the adipose tissue of obese mice, Int. Biochem. Cell Biol. 81 (Pt B) (2016) 383-392.
- 15. Scott B. C., Butler J., Halliwell B., Aruoma O. I. Evaluation of the antioxidant actions of ferulic acid and catechins, Free Radic. Res. Commun. **19** (4) (1993) 241-53.
- 16. Dorothee Alfonso, Ilias Kapetanidis Flavonoids from *Iochroma gesnerioides*, Pharmaceutica Acta Helvetiae **68** (1994) 211-214.
- 17. Smolarz H. D., Surdacka A., Roliński J. Influence of ethyl acetate extract and quercetin-3-methyl ether from *Polygonum amphibium* on activation lymphocytes from peripheral blood of healthy donor *in vitro*, Phytother Res. **17** (7) (2003) 744-747.